

2020 Fla Elite

Preliminary Ranking and Eligibility

Women

Meredith Alwine	Senior	71 female	237 Team OC	1.087
Tiffany Vu	Senior	87+ female	227 Bay Area Weightlifting	1.011
Sha'la McMillan	Senior	87+ Female	221 Full Circle Performance	0.982
Reagan Henry	Junior	64 Female	196 Vero Beach Weightlifting	0.966
madeline stanszewski	Junior	59 Female	188 Vero Beach Weightlifting	0.931
Stephanie Gousse	Senior	87 female	207 Palm Beach Weightlifting	0.928
Larissa Conroy	Senior	76 Female	203 Be Mav Barbell	0.919
Jennifer Schrage	Senior	81 Female	199 Optimus Barbell Club	0.896
Christina Richards	Senior	64 Female	181 Unattached	0.892
Mia Rhodes	Youth	64 Female	181 Vero Beach	0.892
Lisa Riddle	Masters	71 Female	194 Average Brozs Gymnasium	0.89
Alyssa DePalo	Youth	45 Female	128 Vero Beach Weightlifting	0.888
Emma Nye	Junior	55 Female	164 Vero Beach Weightlifting	0.887
Hunter Harrison	Senior	64 Female	178 AMP TRAINING	0.877
Sarah Guzman	Senior	64 Female	178 Team Soul	0.877
Omayraliz Ortiz Vazquez	Senior	49 Female	133 Unaffiliated	0.875
Callie Goolgasian	Junior	49 Female	132 Team OC	0.868
Jasmine Powell	Senior	87 Female	193 Diesel	0.865
Paige VanLint	Senior	81 female	191 Team OC	0.86
Harper Spell	Senior	71 Female	187 Team OC	0.858
Katie Benacquisto	Senior	49 female	130 Team OC	0.855
Melissa Villanueva	Senior	55 Female	155 Apesquad	0.838
Brianna Maxwell	Senior	71 Female	178 No Respect 4 Gravity	0.817
Addison Griffith	Youth	49 Female	124 Team OC	0.816
Kaylee Coughlin	Youth	55 Female	151 Crossfit Ferrum	0.816
Shannon McAmis	Senior	59 Female	164 Team Florida Gainesville	0.812
Jayda Jenkins	Senior	55 Female	150 Vero Beach Weightlifting	0.811
Amber Fazio	Youth	64 Female	163 Apesquad Weightlifting	0.803
Aseel Zayed	Senior	49 Female	122 Orlando Strength	0.802
Mattilyn Marsee	Youth	49 Female	120 Team OC	0.789
Kaitlan Aries	Senior	71 Female	168 AMP Training	0.771
Katie Elias	Senior	59 Female	150 Apesquad	0.743
Sarah Eiswerth	Youth	55 Female	137 Vero Beach Weightlifting	0.741
Sarah Benedict	Youth	59 Female	142 Vero Beach Weightlifting	0.703
Kailey Papas	Youth	59 female	142 Beachside Barbell	0.703
Dena Powell	Masters	59 Female	141 Unaffiliated	0.698
Andjelina Costa	Youth	45 female	98 Train Harder Barbell Club	0.681
Sunni DeGracia	Senior	81 Female	151 Storm Barbell	0.68
Addison Frisbee	Youth	49 Female	102 Team OC	0.671
Rebecca Tatum	Youth	71 Female	145 FTX Health and Fitness BBC	0.665
Antoinette Cuomo-Yokel	Masters	76 Female	147 Unattached	0.665
Sabrina Agredo	Senior	64 Female	128	0.631
Jordan Schwenneker	Youth	45 Female	90 Boxtribe Weightlifting	0.625
Helaina Thompson	Youth	49 Female	83 Vero Beach Weightlifting	0.546
Rachelle Cortes	Masters	87 Female	118 Tradition Barbell	0.529
Jakhira Berry	Youth	76 Female	115 Big Bend Strength and Conditioning	0.52
Emma Bollinger	Junior	55 Female	96 Reps and Rest	0.519
Genevieve Frangoulis	Youth	59 Female	99 Amp Training	0.49
Karen Martinez	Youth	49 Female	68 Vero beach weightlifting	0.447
Carol Martinez	Youth	55 Female	81 Vero Beach Weightlifting	0.438
Isabella Roza	Youth	45 Female	57 SOCF Barbell	0.395
Ariana Reyes	Youth	45 Female	56 SOCF Barbell	0.388

Class	Top 3 AVG
45	144
49	152
55	185
59	202
64	203
71	218
76	221
81	222
87	223
87+	225

Class	Senior Q Total
45kg	120kg
49kg	137kg
55kg	159kg
59kg	166kg
64kg	177kg
71kg	185kg
76kg	191kg
81kg	193kg
87kg	194kg
+87kg	195kg

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Preliminary Ranking and Eligibility

Men

1	Jason Bonnick	Senior	96	Male	347	2019 IWF World Championships	Vero Beach Weightlifting	0.994
2	Tylar Reagan	Senior	109+	Male	345	American Open 12/8/2019	Amp Training	0.98
3	Ben Lopez	Senior	67	Male	264	AO III	AMP Training	0.978
4	Joseph Garcia	Senior	61	Male	226	American Open Series 3	CrossFit Fort Lauderdale	0.974
5	Alejandro Medina	Senior	109	Male	335	U25 Nationals February 9th	Apesquad Weightlifting	0.954
6	Stephen Short	Junior	67	Male	257	Junior Nationals	Vero Beach Weightlifting	0.952
7	Derek Beauchamp	Senior	89	Male	304	AMP Fall Throwdown	AMP Training	0.944
8	Benson Robles	Senior	89	Male	303	AO Finals 2019 (12/7)	Unattached	0.941
9	Noel Leka	Senior	109+	male	328	The prellium	Apesquad weightlifting	0.932
10	Scott Harris	Senior	96	Male	316	Amp training fall throw down	Amp Training	0.905
11	Coby Rhodes	Youth	67	male	241	Youth World Qualier	Vero Beach Weightlifting	0.893
12	Stephen Velazquez	Senior	89	Male	287	American open finals (12/19)	Vero Beach Weightlifting	0.891
13	Andy Godoy	Senior	89	Male	287	Jacked classic September 19 2020	619 Athletic	0.891
14	Caden Cahoy	Youth	67	Male	240	Youth World Qualier	Jacksonville Weightlifting	0.889
15	Christopher Jacobs	Junior	61	Male	205	Junior National Championships. Febr	Vero Beach Weightlifting	0.884
16	Donovan Klem	Senior	102	Male	302	Amp Training Summer Showdown	Amp Training	0.863
17	Gustavo Amarchand	Senior	96	male	300	Praelium August 16th	Team OC	0.86
18	Marcus dialo	Junior	73	Male	244	Junior nationals. 02-08-2020	Amp training	0.856
19	Thomas Hart	Junior	81	Male	260	Stars and Stripes Lift off, 7-31-2020	Big Bend Strength and Conditioning	0.855
20	Fuge Theodore	Junior	89	Male	255	Lifting Proud June 1-30th	Victory Mode	0.792
21	Nicolas Estrada	Youth	81	male	237	Junior Nationals 2020 (feb 8 2020)	Palm Beach Weightlifting	0.777
22	George Silvestre	Senior	109+	Male	272	February 29,2020 palm beach open		0.773
23	Adler Edwards	Junior	55	Male	161	2020 junior nationals	Train Harder Barbell Club	0.759
24	Raymond Downes	Youth	102+	Male	256	A01	amp training	0.727
25	Kaivin Im	Youth	61	male	166	Junior Nationals February 2020	Victory mode Weightlifting's	0.716
26	Andres Sanchez	Senior	81	Male	217	U25 Nationals Feb 6-9 2020	Train Harder Barbell Club	0.714
27	Jose Luis bracho	Senior	102	Male	240	Jacked classic	DTSC	0.686
28	Kale Bunce	Youth	67	Male	180	Tampa Bay Area Classic 7 (9/26)	Full Circle Performance	0.667
29	Alejandro Sardina	Youth	67	Male	175	Issa Meet (9-30-20)	Palm Beach Weightlifting	0.648
30	Jacob Sterner Gatz	Junior	81	Male	195	Tampa bay Classic.	Apesquad Weightlifting	0.641
31	Terry dinh	Youth	67	Male	165	amp training summer showdown 9/19	unaffiliated	0.611
32	Dylan Hayes	Youth	81	Male	185	Tampa Bay Area Classic 7 September	Team Florida St. Cloud	0.609
33	Tyler Park	Youth	49	male	128	AO Series Online Qualifier - May	Victory mode weightlifting	0.601
34	Bryan Santos	Youth	102	male	208	AO Series Online Qualifier - March (3-	VictoryMode Weightlifting	0.594
35	Vinny DePalo	Youth	49	Male	117	the Praelium	Vero Beach Weightlifting	0.549
36	Michael Molle	Youth	73	Male	155	August Online Qualifer	Victorymode	0.542
37	Nicholas luna	Youth	49	Male	106	Praelium	Vero beach weightlifting	0.498

Class	Top 3 AVG
55	213
61	232
67	270
73	286
81	304
89	322
96	349
102	350
109	351
109+	352

Class	senior Q Total
55	200
61	210
67	236
73	265
81	274
89	290
96	303
102	305
109	308
109+	311

2020 Fla Elite Senior Ranking

Women

Tiffany Vu	Senior	87+ female	227 Bay Area Weightlifting	1.011
Sha'la McMillan	Senior	87+ Female	221 Full Circle Performance	0.982
Reagan Henry	Junior	64 Female	196 Vero Beach Weightlifting	0.966
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2020 Fla Elite Senior Ranking

Men

Jason Bonnick	Senior	96 Male	347 Vero Beach Weightlifting	0.994
Tylar Reagan	Senior	109+ Male	345 AMP Training	0.98
Ben Lopez	Senior	67 Male	264 AMP Training	0.978
Joseph Garcia	Senior	61 Male	226 CrossFit Fort Laudersale	0.974
Alejandro Medina	Senior	109 Male	335 Apesquad Weightlifting	0.954
Stephen Short	Junior	67 Male	257 Vero Beach Weightlifting	0.952
Derek Beachamp	Senior	89 Male	304 AMP Training	0.944
Benson Robles	Senior	89 Male	303 Unattached	0.941
Noel Leka	Senior	109+ male	328 Apesquad weightlifting	0.932
Scott Harris	Senior	96 Male	316 AMP Training	0.905
Coby Rhodes	Youth	67 male	241 Vero Beach	0.893
Caden Cahoy	Youth	67 Male	240 Jacksonville Weightlifting	0.889

Class	Top 3 AVG
55	213
61	232
67	270
73	286
81	304
89	322
96	349
102	350
109	351
109+	352

Class	Senior Q Total
55	200
61	210
67	236
73	265
81	274
89	290
96	303
102	305
109	308
109+	311

2020 Fla Elite Youth Ranking

Women

Alyssa DePalo	Youth	45 Female	128 Vero beach Weightlifting	1.094
Mia Rhodes	Youth	64 Female	181 Vero beach Weightlifting	1.011
Addison Griffith	Youth	49 Female	124 Team OC	0.932
Kaylee Coughlin	Youth	55 Female	151 Crossfit Ferrum	0.921
Amber Fazio	Youth	64 Female	163 Apesquad Weightlifting	0.911
Mattilyn Marsee	Youth	49 Female	120 Team OC	0.902
Sarah Benedict	Youth	59 Female	142 Vero Beach Weightlifting	0.861
Kailey Papas	Youth	59 female	142 Beachside Barbell	0.861
Andjelina Costa	Youth	45 female	98 Train Harder Barbell Club	0.838
Sarah Eiswerth	Youth	55 Female	137 Vero Beach Weightlifting	0.835
Jordan Schwenneker	Youth	45 Female	90 Boxtribe Weightlifting	0.769
Addison Frisbee	Youth	49 Female	102 Team OC	0.767
Rebecca Tatun	Youth	71 Female	145 FTX Health and Fitness BBC	0.761
Isabella Rozo	Youth	40 Female	57 SOCF Barbell	0.665
Helaina Thompson	Youth	49 Female	83 Vero Beach Weightlifting	0.624
Genevieve Frangoulis	Youth	59 Female	99 Amp Training	0.6
Karen Martinez	Youth	49 Female	68 Vero beach weightlifting	0.511
Carol Martinez	Youth	55 Female	81 Vero Beach Weightlifting	0.494
Ariana Reyes	Youth	45 Female	56 SOCF Barbell	0.479
Alayna Herring	Youth	55 Female	67 Power Sports Academy	0.411

Class	Top 3 AVG
40	87
45	117
49	133
55	164
59	165
64	179
71	189
76	190
81	191
87+	192

2020 Fla Elite Youth Ranking

Men

Coby Rhodes	Youth	67 male	241 Vero Beach	1.057
Caden Cahoy	Youth	67 Male	240 Jacksonville Weightlifting	1.053
Raymond Downes	Youth	102+ Male	256 amp training	0.97
Tyler Park	Youth	49 male	128 Victory mode weightlifting	0.928
Nicholas Estrada	Youth	81 male	237 Palm Beach Weightlifting	0.912
Vinny DePalo	Youth	49 Male	117 Vero Beach Weightlifting	0.848
Bryan Santos	Youth	102 male	208 VictoryMode Weightlifting	0.791
Kale Bunce	Youth	67 Male	180 Full Circle Performance	0.789
Nicholas luna	Youth	49 Male	106 Vero beach weightlifting	0.768
Alejandro Sardina	Youth	67 Male	175 Palm Beach Weightlifting	0.768
Kaivin Im	Youth	61 male	166 Victory mode Weightlifting's	0.761
Terry dinh	Youth	67 Male	165 unaffiliated	0.724
Dylan Hayes	Youth	81 Male	185 Team Florida St. Cloud	0.712
Dylan Hayes	Youth	81 Male	185 Team Florida St. Cloud	0.712
Michael Molle	Youth	73 Male	155 Victorymode	0.628
Logan Rice	Youth	67 Male	125 DIESEL Weightlifting	0.549

Class	Top 3 AVG
49	138
55	179
61	218
67	228
73	247
81	260
89	261
96	262
102	263
102+	264