DAY 1: SATURDAY OCTOBER 27

BLUE PLATFORM

SESSION	WEIGH	LIFT	GENDER	WT. CAT.	DIV	#
1	6:00 AM	8:00 AM	F	30kg-45kg	Y	12
3	8:00 AM	10:00 AM	F	49kg & 55kg	Y	16
5	10:00 AM	12:00 PM	F	59kg & 64kg	Y	16
7	12:00 PM	2:00 PM	F	71kg-81+kg	Y	12
9	2:00 PM	4:00 PM	F	59kg	J/S	18
11	4:30 PM	6:30 PM	F	64kg - 87+kg	J	18

RED PLATFORM

SESSION	WEIGH	LIFT	GENDER	WT. CAT.	DIV	#
2	6:00 AM	8:00 AM	M	32kg - 67kg	Y	18
4	8:30 AM	10:30 AM	M	73kg - 102+ kg	Y	12
6	10:30 AM	12:30 PM	M	55kg - 67kg	J/S	17
8	1:00 PM	3:00 PM	M	73kg	J/S	20
10	2:30 PM	5:30 PM	F	45-49kg	J/S	9
12	5:30 PM	7:30 PM	F	55kg	J/S	15

DAY 2: SUNDAY, OCTOBER 28

BLUE PLATFORM

SESSION	WEIGH	LIFT	GENDER	WT. CAT.	DIV	#
13	6:00 AM	8:00 AM	F	45kg - 64kg	M	13
15	8:00 AM	10:00 AM	F	71kg - 87+kg	M	11
17	10:00 AM	12:00 PM	F	64kg	S	15
19	12:00 PM	2:00 PM	F	71kg	S	12
21	2:00 PM	4:00 PM	F	76kg - 87+kg	S	17

RED PLATFORM

SESSION	WEIGH	LIFT	GENDER	WT. CAT.	DIV	#
14	6:00 AM	8:00 AM	M	55kg - 89kg	M	12
16	8:00 AM	10:00 AM	M	96kg - 109+kg	M	14
18	10:00 AM	12:00 PM	M	81kg	J/S	17
20	12:30 PM	2:30 PM	M	89kg - 96kg	J/S	14
22	2:30 PM	4:30 PM	M	102kg - 109+kg	J/S	22

#18FWFSC FINAL SCHEDULE

SATURDAY, OCTOBER 27TH - SUNDAY, OCTOBER 28TH

VERO BEACH HIGH SCHOOL • 1707 16TH ST, VERO BEACH, FL 32960

FLORIDA WEIGHTLIFTING FEDERATION

CORA Physical Therapy

USA WEIGHTLIFTING